

WORKING MOTHER

Bittersweet Memories

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By Solutions Editors
Time-Saving Products

Problem: Chicago-based writer Emily Israel-Hoffman had a mother, Renee Israel, who loved to cook. During her lifetime, Renee created two cookbooks: *Whip Me, Beat Me, Eat Me*. Emily's mother looked at food as a way to share community, and spread comfort and joy to others. After her mother passed away, Emily struggled with losing a loved one, and how to preserve and pass on the legacy that she left behind. Like Emily, many people have been in this position, wondering how to commemorate someone special whose life made a big impact on others.

Solution: Emily has found a way to immortalize her mother's love for cooking—and so can you. She is in the process of creating a cookbook of her own—but with the help of others. Her goal is to obtain 1,000 stories and recipes (from people of different ethnicities) for the book. These recipes will be turned into a cookbook titled, *A Blending of Bittersweet Memories*. The book will highlight the recipes and stories of people that have lost loved ones, the lessons they've learned, and the food and recipes of those that have passed on. Readers can visit bittersweet-memories.com to share their recipes, stories and to be considered for the book (stories just need to be 500 words, with recipe directions).

-Irene Chang

